

# MURRIETA VALLEY HIGH SCHOOL NIGHTHAWK NEWS



*Keeping our families connected*

MARCH 2022

## Letter From Our Principal



Dear Parents and Students,

It is hard to believe it is already March and we are officially in the last 12 weeks of the school year. The resilience and hard work of our students to make this year great is appreciated by our staff. Thank you for your continued effort to be the best you can be each day.

This month our 11th graders will be taking the CAASPP (California Assessment of Student Performance and Progress). The last time the CAASPP was given in California was 2019 when our current 11th graders were in 8th grade. The test is given in every grade from 3rd through 8th, but in high school it is only given to 11th graders. The CAASPP is used to monitor student progress and ensure that all students leave high school ready for college and career. Our 11th graders will be assessed in the areas of Math and English. We are excited to share with you the incentives that students will receive by showing proficiency on this assessment. (Incentive Flyer below)

**\*All students who show proficiency in both Math and ELA will receive a free Homecoming Dance ticket to next year's dance (22/23)**

**\*All students receiving the free Homecoming ticket will be placed into a drawing at the Academic Rally next February and 5 names will be selected to receive free a Prom Ticket (22/23)**

**\*Math Grade Bump on transcripts- see flyer below for details**

**\*English Grade Bump on transcripts- see flyer below for details**

Reminder:

Spring Break- March 26-April 3rd

Doing it the R.I.T.E. Way (Respect, Integrity, Teamwork, & Excellence),

Ryan Tukua,  
Principal Murrieta Valley High School



## 2022 CAASPP TESTING INCENTIVES

### #1: Earn 2022 Homecoming Tickets

All Juniors scoring **3 (Standard Met) or 4 (Standard Exceeded)** on Math AND English receive a **free ticket** for the 2022 Homecoming Dance

### #2: Win 2023 Prom Tickets

All Juniors who meet #1 above will also be entered in a raffle. Five students will win free 2023 Prom tickets for Senior Year.

### #3: Math - Transcript Grade Bump

With a proficient score of 3 or 4 on Math subtest, students can select any semester class of Math I, II, or III and apply a grade bump – F to D, D to C, C to B.

Students may bump a B to an A with a score of 4.

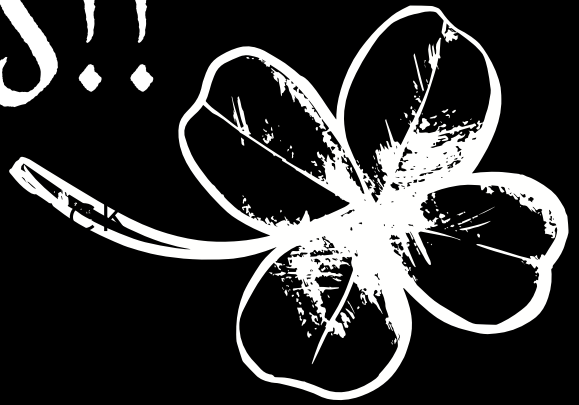
You must score 4 (Standard Exceeded) to bump a grade in an advance course – Math I, Math II, or Math III.

### #4: ELA - Transcript Grade Bump

With a proficient score of 3 or 4 on English subtest, students can select a semester of English 11 and apply a grade bump - F to D only.

Grade bumps may not apply to AP or IB courses.

Good Luck  
Nighthawks!!



Let's Do  
This!

#TESTDAY!



# Nighthawk Showcase

**Monday, March 7, 2022 – 6~8pm**

**PEP-RALLY (6-6:30)**

**Explore... Award-Winning Programs**



**& 2022-2023 Academic Courses**

**ENGINEERING**  
**BUSINESS**  
**PHOTOGRAPHY**  
**CRIMINAL JUSTICE**  
**BAND & COLOR GUARD**  
**CERAMICS**  
**COMPUTER SCIENCE**

**FIRE SCIENCE**  
**AUTO TECHNOLOGY**  
**FOOD & HOSPITALITY**  
**CHOIR**  
**MOCK TRIAL**  
**N.E.S.T.**  
(Nighthawks Engaging Students Together)

**WORLD LANGUAGES**  
**USMC - JROTC**  
**ROBOTICS**  
**LEADERSHIP**  
**DANCE**  
**TV-DIG PRODUCTION**  
**CHEER & STUNT**

**Welcome Incoming Students!**

- **Win prizes in our Nighthawk Scavenger Hunt**
- **Visit our 'Hawk Rock' for MVHS Spirit Gear**
- **Join Clubs and get connected**
- **Visit our V.A.P.A. & CTE Classrooms**
- **Meet our Administration, Teachers & Students**

*Voted Best of the West Football  
Student Section of 2021 at  
[StudentSectionReport.org/](http://StudentSectionReport.org/)*



**Red  
Zone!**

**42200 Nighthawk Way • Murrieta, CA 92562  
(951) 696-1408**



# Exhibición de los Nighthawks

**lunes, 7 de marzo del 2022 – 6~8pm**

**ENCUENTRO DE MOTIVACIÓN en nuestro Gimnasio (6-6:30)**

**Exploren... Programas Premiados**



## **Y Cursos Academicos para el 2022-2023**

<b>INGENIERIA</b>	<b>CIENCIA DE FUEGO</b>	<b>IDIOMAS DEL MUNDO</b>
<b>NEGOCIOS</b>	<b>TECNOLOGIA DE AUTO</b>	<b>USMC - JROTC</b>
<b>FOTOGRAFIA</b>	<b>COMIDA Y HOSPITALIDAD</b>	<b>ROBÓTICA</b>
<b>JUSTICIA PENAL</b>	<b>CORO</b>	<b>LIDERAZGO</b>
<b>BANDA Y ABANDERADOS</b>	<b>SIMULACRO DE JUICIO</b>	<b>DANZA</b>
<b>CERAMICA</b>	<b>N.E.S.T.</b>	<b>PRODUCCIÓN DE</b>
<b>INFORMÁTICA</b>	<b>(Nighthawks Involucrando A Estudiantes Juntos)</b>	<b>TELEVISIÓN/DIGITAL</b>
		<b>PORRISTAS Y ACROBACIA</b>

## **¡Bienvenidos Estudiantes Nuevos!**

- Ganen premios en nuestra Búsqueda del Tesoro de los Nighthawks
- Visiten nuestro "Hawk Rock" para Vestuario de MVHS
- Únanse a clubes y conéctense
- Visiten nuestros salones de CTE y Artes Visuales y Escénicas
- Conozca a nuestros maestros, estudiantes y administradores



Votada como la mejor Sección Estudiantil de fútbol americano del oeste del año 2021 en [StudentSectionReport.org!](http://StudentSectionReport.org)

**42200 Nighthawk Way • Murrieta, CA 92562**  
**(951) 696-1408**

School Spirit

# MURRIETA NIGHTHAWK ATHLETICS!

GO TEAM!

March 2022

[HTTPS://WWW.MURRIETAVALLEYNIGHTHAWKS.COM/](https://www.murrietavalleynighthawks.com/)

- Visit athletic website through the link above
- ACT December 11th
- [NCAA Eligibility Center- Register your athlete here](#)

 CollegeBoard

## NIGHTHAWK HIGHLIGHTS!!!

Let's go Nighthawks!  
March

Want to play your sport while you continue your education?

Start here by following the link above to search schools that host your sport AND what you'd like to study.

This week, Nighthawk Pride sponsored a breakfast celebrating FALL athletes and their accomplishments. Named Honorary 'Athletes of the Season,' Isabel Rosales and Tiger Bachmeier, represented for Cross Country & Football.



WELL DONE



MV  
TOGETHER  
WE SOAR

Your Athletic Director is Mr. Mott- [Email him here.](#)  
Your Athletic Secretary is Karee Mason- [Email her here.](#)



MVHS MARCH 2022



# COMMUNITY SERVICE OPPORTUNITIES



SATURDAY, APRIL 23, 2022  
TOWN SQUARE PARK



#MFRBBQ2022

Those interested in  
volunteering can  
contact:  
Reginald Todd  
Firefighter/Paramedic  
Cell 951-801-0058  
Email:  
[Reggietoddorr1@gmail.com](mailto:Reggietoddorr1@gmail.com)

# STUDENT SUPPORT CENTER

- [AP KIP SHIPLEY EMAIL](#)
- [SECRETARY VERONICA RUIZ EMAIL](#)
- [SENIOR CONTRACT- CLICK HERE](#)
- [STUDENT HANDBOOK PDF](#)
- [CHECK OUT OUR PLUS PROGRAM HERE](#)
- LOST AND FOUND IS IN ROOM 814



The Support Team staff would like to thank our families for your consistent support! Together we can keep our students on the right path towards a successful year!

## DID YOU KNOW??

- Please be sure to keep an eye on your discipline records! Did you know that your disciplines do not fall off each year? They just keep rolling over and will keep you on the "No Go" list until you take care of them. Keep an eye on your status to avoid any unfortunate denials to school events.
- Upcoming Wednesday morning detention dates are March 2nd, 9th, and 16th.

## HELPFUL ATTENDANCE INFORMATION

- Students arriving over 30 minutes late to school must have a parent/guardian clear their late arrival.
- Parents/Guardians have 3 options to excuse their students late arrival
- \*walk their student up to the attendance windows
- \*send student up with a note
- \*call our 24 hour voice mail (951) 326-7110

<https://www.murrieta.k12.ca.us/Page/7953>



Don't forget your parking permits!:) They are issued through bookkeeping.



# MARCH

[For Website Activities page follow this link](#)

# MVHS ACTIVITIES

## DATES TO REMEMBER

*Mr. Nighthawk March 11th!*



Geniel Moon  
Activities Director  
Murrieta Valley High School  
951-696-1408 ext. 5259  
gmoon@murrieta.k12.ca.us  
CADA President Elect  
State CIF Federated Council  
CIFSS Executive Committee.

## MESSAGE FROM YOUR ACTIVITIES DIRECTOR

### Dates to remember for March:

March 2- National Inclusion Day

March 3- Band Concert

Scholar Bowl- March 8-16

March 9- Blood Drive

March 11- Nighthawks Undercover, Mr. Nighthawk

March 15- LAST DAY TO PURCHASE  
DISNEYLAND GRAD NIGHT TICKETS

March 17- Prom Reveal day, Fashion  
show and expo at lunch

March 21- Petitions to run for office go  
out

March 24- Leadership applications are  
due

March 25- Spring Rally

IT'S A GREAT DAY TO BE A NIGHTHAWK!!

**PREORDER**

**GRADUATION GIFTS TODAY!**



BEAUTIFUL BOUQUETS,  
ORCHID LEIS,  
KUKUI NUT LEIS  
AND MORE!



ALL ONLINE ORDERS WILL BE  
AVAILABLE FOR PICK UP AT  
GRADUATION

**[WWW.THECOMMENCEMENTGROUP.COM/MVHS/](http://WWW.THECOMMENCEMENTGROUP.COM/MVHS/)**

# Murrieta Valley High School

Are you  
passionate about  
serving others?



## LEADERSHIP WANTS YOU

Applications are due  
MARCH 24



APPS ARE OPEN 2/23 - 3/24  
INTERVIEW ARE TO FOLLOW!

**5 Different  
Programs,  
A Place For  
Everyone**



use this qr code to fill out your  
leadership application!



**WHY YOU SHOULD**

# JOIN INTERACT!

**Make a difference in your community**

**Be a part of a bigger cause**

**Gain leadership skills & develop personal integrity**

**Meet new friends and have fun running local events**

**Scholarship opportunities through rotary**

Our Goal At Interact is to inspire people to take action in their communities, develop leadership skills, and foster new international understandings; while having fun every step of the way!

## **Come join us at Interact!**

Meetings are held every second and fourth Thursday of the month during office hours.

Contact

Adelle Lynton in the front office.

[alynton@murrieta.k12.ca.us](mailto:alynton@murrieta.k12.ca.us)

LEADERS DON'T  
CREATE FOLLOWERS  
THEY CREATE  
MORE LEADERS



# NIGHTHAWKS

*Join Us*

**NIGHTHAWKS UNDERCOVER**

**FRIDAY, March 11, 2022**

**7:00 PM @MVHS PAC**

General Admission:

\$10 w/ASB \$12 w/o ASB

Reserved

\$15 w/ASB \$17 w/o ASB

Tickets on sale Feb. 23



**YOUR  
KNOWLEDGE  
IS OUT OF THIS  
WORLD!**

**SIGN UP FOR  
SCHOLAR BOWL!**



SCAN ME! :)

# Virtual Enterprise

The Virtual Enterprise teams continue to shine and develop as students. They recently displayed their teamwork, facilitating their first business to business sale. Business plan continues to excel in their competitions. As of right now, they are preparing to compete with the other top 7 schools in the nation at a competition in New York. On March 4, the marketing department will participate in a competition with over 30 different other schools. Each school will present their business overview of their companies. Make sure to wish our teams good luck!

To stay updated on future events follow us on Instagram  
[@desertrose.ve](#)

**To stay updated on future events follow us on Instagram  
[@desertrose.ve](#) and visit  
[mvhsvirtualenterprise.weekly.com](#)**





# MCJROTC MAR. NEWSLETTER



For Website JROTC page follow this link

## MCJROTC March Newsletter



Throughout the month of February our Cadets have been working diligently on the recruitment of the incoming Freshman and Sophomore classes. On February 8<sup>th</sup> our Cadets traveled to Thompson Middle School and performed demonstrations of what our program has to offer. This event was a success, as many of the incoming Freshman class expressed interest in joining our program next year. Special thanks to the Thompson Middle School for giving us the opportunity to introduce ourselves to the incoming Freshmen, and to our Raider Commander Cadet 2<sup>nd</sup> Lt. Chad Cabrera for planning and carrying out this event.

On February 26<sup>th</sup> our Cadets will be hosting our annual Squad Games in which all 12 squads will be competing to see who will take home the trophy for overall best squad. This event will bring our Cadets closer together to create stronger bonds between them.

### Cadets of the Month

Congratulations to Cadet PFC Sienna Linares and Cadet PFC Ethan Phillips on achieving the titles of Cadet of the Month for the month of February. These Cadets have exceeded the expectations of their superiors and were nominated to compete against their peers to be recognized as the top Cadets for the month. Well done!

<b>Senior</b>	<b>PFC Sienna Linares</b>
<b>Junior</b>	<b>PFC Ethan Phillips</b>

### Upcoming Events

**Squad Games - February 26**

**Nighthawk Showcase - March 7**

**Fontana High School Drill Competition - March 12th**

**Murrieta Valley High School Raider Competition - March 19**

**MVHS MCJROTC Lock-In - March 19**







## **MVHS CLUB FOR ALL OF THE OFF-ROADERS. TRACK OR TRAIL.**

This club is for all of you interested in Bikes, Quads, Side-by-Sides, Rock Crawlers and simply anything with wheels that get dirty.

Whether you currently Race, Ride, Work on the machines, camp or just hang out with friends or would like to, this could be for you.

You don't need a bike, quad, side-by-side or really anything to join the club. If you're interested, that's enough.

Activities:

- Track days (Event and Private)
- Desert trips
- Work experience
- Maintenance & Repair support
- Club Focus meetings
- Discounts at local shops with membership
- Logo & Apparel design
- Contests & Competitions
- Pro/Am Support (seeking sponsors, media releases, social media)
- Give-a-Ways & Drawings

Sounds like a club for you? Come over to room 640 and see Mr. Everett for more info. Club meets every Tuesday at lunch. [reverett@murrieta.k12.ca.us](mailto:reverett@murrieta.k12.ca.us)



# JOBFAIR

DON'T MISS THE OPPORTUNITY TO FIND YOUR NEXT CAREER

**THURSDAY, MARCH 3**  
**9 AM - 1 PM**

Conference and Recreation Center  
14075 Frederick Street, Moreno Valley, CA 92552

The Loma Linda VA Homeless Veteran Community Employment Services and the Moreno Valley Business & Employment Resource Center are partnering with Inland Empire employers to find:

**Accounting | Warehousing | Security | Healthcare | Drivers | Government | Manufacturing  
Building Trades | Medical | Food Services | Office Workers and Much More!**

This is a FREE Event Open to the Public and Veterans

**DIVERSE EMPLOYMENT OPPORTUNITIES | EMPLOYERS OFFERING QUICK JOB PLACEMENT  
DRESS PROFESSIONALLY | BRING COPIES OF YOUR RESUME**

**REFRESHMENTS AND WORKSHOPS PROVIDED!**

Register at  
<https://rb.gy/unpuwj>



**For more information:**  
contact the Moreno Valley Business & Employment Resource Center  
951-413-3920 | [berc@moval.org](mailto:berc@moval.org)



Face masks, health screening and social distancing requirements will be in place for both fully vaccinated and unvaccinated Job Fair Attendees. Any person with a disability who requires a modification or accommodation in order to participate in these activities should direct such requests to the ADA Coordinator, at 951.413.3359 at least 72 hours before the activity.



# JOBFAIR

DON'T MISS THE OPPORTUNITY TO FIND YOUR NEXT CAREER

## WORKSHOP SCHEDULE

9:15 AM TO 1 PM

30 Min-Speed Workshops

- |          |   |
|----------|---|
| 9:15 AM  | <b>Interview Skills</b><br>presented by Loma Linda VA HUD-VASH  |
| 10:00 AM | <b>How to Start a Business</b><br>presented by The National Veterans Chamber  |
| 10:45 AM | <b>Apprenticeship Opportunities</b><br>presented by Moreno Valley College   |
| 11:30 AM | <b>Resume Writing Tips</b><br>presented by Loma Linda VA HUD-VASH   |
| 12:15 PM | <b>Degree &amp; Certificate Education Opportunities</b><br>presented by California Baptist University, Moreno Valley College,<br>and Moreno Valley Community Adult School |

Register at  
<https://rb.gy/unpuwj>



**For more information:**  
contact the Moreno Valley Business & Employment Resource Center  
951-413-3920 | [berc@moval.org](mailto:berc@moval.org)



Face masks, health screening and social distancing requirements will be in place for both fully vaccinated and unvaccinated Job Fair attendees. Any person with a disability who requires a modification or accommodation in order to participate in these activities should direct such requests to the ADA Coordinator, at 951.413.3359 at least 72 hours before the activity.

# *Congrats Nighthawks!*

Murrieta Valley Student of the Month  
February 2022

***Slater Selinger***

**MVHS**

Students of  
the Month  
for  
February  
2022



*Congratulations  
Nighthawks!*

**Nadia Abila**

**Addison Alvarez**

**Alanah Antillon**

**Noah Benavides**

**Tommy Bordes**

**Zoe Bordes**

**Ebone Brower**

**Asa Chatman**

**Dylan Clegg**

**Luke Demary**

**Chantal Earl**

**Michela Fantino**

**Zofia Hame**

**Evan Hamrick**

**Zaira Huq**

**Delaney Johansson**

**Sophie Lopez**

**Camila Rico Rozo**

**Gisele Robinson**

**Daniel Shaw**



# Celebrating Women in Non-Traditional CTE Careers



Please join us for our inaugural virtual MSJC Women's Week. We are excited to share this event highlighting women in business, leadership, and education within our communities.

**March 14th - 18th**  
**[Click Here to Register](#)**

This is a Virtual Event that will be held through Vital Link App which will provide attendees access through their mobile devices and/or desktop browsers.





# WELLNEWS

A MONTHLY WELLNESS NEWSLETTER

MARCH 2022 • ISSUE 1 • VOLUME 8



**Self-care** means "taking the time to do things that help you live well and improve both your physical health and mental health. When it comes to your mental health, self-care can help you manage stress, lower your risk of illness, and increase your energy. Even small acts of self-care in your daily life can have a big impact". It is vital to remember that "self-care looks different for everyone, and it is important to find what you need and enjoy. It may take trial and error to discover what works best for you. In addition, although self-care is not a cure for mental illnesses, understanding what causes or triggers your mild symptoms and what coping techniques work for you can help manage your mental health."

-Source National Institute of Mental Health



● ● ●

**SMARTPHONE APPS**

[Happify: Science-Based Activities and Games](#)

Insight Timer - #1 Free Meditation App for Sleep, Relax & More

[Relational Agent for Mental Health | Woebot Health](#)

**APP**

**Active Minds - Changing the Conversation about Mental Health**

**Small Ways to Practice Self-Care in Difficult Times**

**6 Simple Self Care Tips To Become A Better You**

**Self-Care Plan**

**RESOURCES**

# THE ALLIANCE TO ACCELERATE EXCELLENCE IN EDUCATION

The Family Alliance Community Exchange (FACE) program supports families in a nurturing environment of cognitive, social, and emotional success individually and collectively. Over the course of eight weeks, families are guided by a specific habit of mind or way of being (curiosity, flexibility, engagement, openness, creativity, integrity, responsibility, persistence), where facilitators support participants in developing productive ways of responding to life challenges and interacting with the world.

El programa Family Alliance Community Exchange (FACE) apoya a las familias en un entorno enriquecedor de éxito cognitivo, social y emocional individual y colectivamente. En el transcurso de ocho semanas, las familias están guiadas por un hábito mental específico o una forma de ser (curiosidad, flexibilidad, compromiso, apertura, creatividad, integridad, responsabilidad, persistencia). Los facilitadores apoyan a los participantes en el desarrollo de formas productivas de respondiendo a los desafíos de la vida e interactuando con el mundo.

## ADULT ENGLISH CLASS

**When:** Tuesdays, February 15-April 12, 2022

*\*There will not be class on March 29.*

**Time:** 6:00-7:30 pm

**Where:** Zoom

### REGISTER

<https://csusanmarcos.wufoo.com/forms/z14lvldo0tnmpp5/>

### FACILITATOR



#### Dr. Theresa Meyerott

Executive Director of The Alliance & Interim Executive Director of Recruitment & Outreach at Cal State San Marcos

*Directora Ejecutiva del program The Alliance y Directora Ejecutiva Interino de Reclutamiento y Dijusión en Universidad Estatal de California de San Marcos*

# FAMILY ALLIANCE COMMUNITY EXCHANGE

FACE PARENT PROGRAM IN ENGLISH AND SPANISH

## CLASE DE ESPAÑOL PARA ADULTOS

**Cuando:** martes, febrero 15-abril 12, 2022

*\*No habra clase el 29 de marzo.*

**Horario:** 6:00-7:30 pm

**Donde:** Zoom

### REGISTRARSE

<https://csusanmarcos.wufoo.com/forms/z1e3x1ml0nowg6o/>

### FACILITADORA



#### Nancy Murray

Spanish teacher at San Elijo Middle School  
*Maestra de español en la escuela intermedia de San Elijo*



ALLIANCE TO ACCELERATE EXCELLENCE IN EDUCATION

## Riverside Medical Clinic CHARITABLE foundation

### WE HAVE SCHOLARSHIPS AVAILABLE

- **RMCCF College Scholarship Fund**  
This fund provides recognition and financial support to graduating juniors and seniors currently attending Riverside County high schools who want to pursue a career in the medical field within the Inland Southern California area. Funds can be used for college application fees, supplies, or costs related to the study of their chosen field.  
*Ten \$500 scholarships will be awarded annually.*
- **Founder's Scholarship Fund**  
This fund honors the 19 doctors that founded Riverside Medical Clinic Foundation and Riverside Medical Clinic Charitable Foundation. This fund provides recognition and financial support to students currently enrolled in the health care field in the Inland Southern California area. Funds can be used for books, conference admissions, study assistance, etc.  
*5 Scholarships will be awarded at a maximum of \$250 per grantee on a quarterly basis.*



\*To apply for one of our scholarships, please visit [www.RMCcharity.org](http://www.RMCcharity.org)

# MVHS HEALTH SERVICES

HEALTH ANNOUNCEMENTS FOR STUDENTS



## Student Immunization Records

You can access your student's school immunization record in your Aeries Portal during the school year, and print a copy for yourself. The school record contains immunizations required for school in California. A copy of your child's immunization record may be needed if you move out of the area or transfer to another school. Graduating seniors may need a printed record to take with them to college.

## For your convenience! COVID TESTING INFORMATION

### STUDENTS:

**Free PCR Test available on Wednesdays – just walk in 7:00AM – 1:00PM in room 93 (in the MSJC portable buildings near the pool)**

**\*results are sent to you by email in 24 – 48 hour  
Phone ext. 5993 –Appt QR code & link below**

**\*\*Questions? Call 951-696-1408 ext. 5274**

Free take home test kits are available at the Welcome Center booth (also known as the guard shack) at the front gate. They are one per student, just walk up to the window and ask.

### Medications at School

Medications normally are best administered at home, but there are times when medication must be administered at school. If your child needs a medication during school hours please view our medication policy and procedure on our Murrieta Valley High School website or contact our school Health Office. Click on the link above for forms and information.

[Please visit our Health Services page by clicking here!](#)

**Or call us we are here to help!**

Health Office is open between 7:30AM – 3:00PM  
951-696-1408 ext. 5257, or 5292 for the school Nurse.

**Medications at School Link: [Health Services / Welcome \(murrieta.k12.ca.us\)](https://www.murrieta.k12.ca.us)**



# Where Can I Go For Tutoring or Extra Support?

MVHS has many options that offer help for all MV students! See the lists and times below; then choose what will work for you!

## AVID College Tutors

[Available to all MV students]  
AVID College tutors will be available Monday through Friday from 2:30-3:30pm in the Library.

## English Learners Program Tutors

[Available to all English Learners]  
(EL) Staff will be available Mondays, Wednesdays and Thursdays from 2:30-3:30pm in Room #622.

## California Scholarship Federation Tutors

[Available to all MV students]  
(CSF) student tutors will be available every Late-Start Wednesday morning from 7:30 to 8:30am in the Library.

## National Honor Society Tutors

[Available to all MV students]  
(NHS) student tutors will be available every Tuesday and Thursday from 2:30-3:30pm in the library.

## Office Hours

Office Hours is a 30 minute block on most Thursdays and Fridays, designed for re-teaching, tutoring study groups, make-ups and enrichment. During this part of the day, all students may receive additional support from their teachers.



Phone tutoring available through Harvey Mudd College  
Sunday-Thursday, 6:00-9:00pm  
1(877)8ASKHMC (827-5462)

[HWHL-Brochure-English.pdf](#)  
([murrieta.k12.ca.us](http://murrieta.k12.ca.us))



## Counselors:

Mrs. Castro R-Z & AP

Mrs. Thornburg M-Q & IB

Mr. Lockwood A-D & SDC

Mr. Vandenburg E-L, CTE & NCAA

Mrs. Mendoza Montoya AVID, EL, & 504

# News

FROM OUR LIBRARY



[Click here to visit our library website!](#)



Students with a GPA of 3.85 may apply for NHS and they can find the information on the NHS portion of the school website.

If they have any questions they can see me in room 710.

Thanks!

Ms. Erika Santa Cruz

RSP Teacher

c/o 2023 Advisor

Murrieta Valley High School

(951)696-1408

CSF (California Scholarship Federation) students tutoring support available on late start Wednesdays from 7:30-8:20 in the library for tutoring support in all academic areas.

## **OUR HOURS!**

- Library is open on Mondays through Friday from 7:00am-3:30pm
- Wednesday late start mornings is open for Tutoring only.
- Devices are before/after school, lunch and break, ID card required  
Contact Mrs. Gaines  
[email: kgaines@murrieta.k12.ca.us](mailto:kgaines@murrieta.k12.ca.us)



# Murrieta Valley 2021-22

## CONTACT US:

PRINCIPAL - RYAN TUKUA

AP - STEPHEN DIEPHOUSE

AP - AMY IRWIN

AP - KIP SHIPLEY

### COUNSELING:

RICK LOCKWOOD: A-D (SDC COORD)

JIM VANDENBURGH: E-L (NCAA/CTE COORD)

JULIE THORNBURG: M-Q (IB COORD)

NICOLE CASTRO: R-Z (AP COORD)

DINORA MENDOZA-MONTOYA: AVID, 504, EL

BETTY VELASQUEZ (GUID. TECH): A-K

VALERIE YOUNG (GUID. TECH): L-Z

### ATHLETICS:

DARIN MOTT

KAREE MASON (SECRETARY)

### ACTIVITIES:

GENIEL MOON, ACTIVITIES DIRECTOR

### BOOKKEEPING:

KATHY LEFIELL

KAREN LAWRENCE

### HEALTH OFFICE :

LUCY CARDENAS (NURSE)

CRIS GORRIA (HEALTH TECH)

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